

Glengarry Skating Club Fall Quickstart 2018 Schedule (as of Jul 28, 2018)

Wednesday, Sep 5, 2018 – Saturday, Sep 22, 2018

Parent Info Meeting for Star Academy & StarSkate; Monday, Sep 17; 5:30pm at McLaren Park Arena Meeting Room

CanSkate Program Assistant Training for all Intermediate & Senior StarSkaters and CompetitiveSkaters; Saturday, Sept 22; 9:30am-10:15am

*** - Please check the 'Dates to Remember' document for information on competitions, test days, ice cancellations, and other club functions**

StarSkate Groupings:

Star Academy; must have completed Stage3 of CanSkate, and be invited to join

Primary: Competing Star1-Star3 Freeskate, or passed Stage6 of CanSkate

Intermediate: Competing Star4-Star5 Freeskate, or passed 20 Skate Canada StarSkate tests

Senior: Competing Star6-Gold Freeskate, or passed 35 Skate Canada StarSkate tests

Competitive: Competing PreJuvenile-Senior and attending the BC/YK Sectional Championships

	<u>Star Academy</u>	<u>Primary StarSkate</u>	<u>Intermediate StarSkate</u>	<u>Senior StarSkate & CompetitiveSkate</u>
Mon Flood: none	No session	3:30pm-3:45pm Dance/Skills 3:45pm-4:25pm Freeskate 4:25pm-4:45pm Grp Clinic	3:45pm-4:30pm Freeskate 4:30pm-4:45pm Grp Clinic 4:45pm-5:05pm Dance/Skills 5:05pm-5:15pm Grp Stroking	3:45pm-4:30pm Freeskate 4:30pm-4:45pm Grp Clinic 4:45pm-5:05pm Dance/Skills 5:05pm-5:15pm Grp Stroking
Tue Flood: 4:45pm-5:00pm	3:30pm-4:30pm Grp Clinic 4:40pm-5:00pm Grp Dryland	3:30pm-3:50pm Grp Clinic 3:50pm-4:30pm Freeskate 4:30pm-4:45pm Dance/Skills 5:00pm-5:30pm Dryland	5:00pm-5:20pm Dance/Skills 5:20pm-6:05pm Freeskate 6:05pm-6:30pm Grp Edge Class 6:45pm-7:30pm Grp Dryland	5:00pm-5:20pm Dance/Skills 5:20pm-6:05pm Freeskate 6:05pm-6:30pm Grp Edge Class 6:45pm-7:30pm Grp Dryland
Wed Flood: none	No session	3:30pm-3:45pm Dance/Skills 3:45pm-4:25pm Freeskate 4:25pm-4:45pm Grp Clinic 5:00pm-5:30pm Grp Dryland	3:45pm-4:30pm Freeskate 4:30pm-4:45pm Grp Clinic 4:45pm-5:05pm Dance/Skills 5:05pm-5:15pm Grp Stroking 5:30pm-6:15pm Grp Dryland	3:45pm-4:30pm Freeskate 4:30pm-4:45pm Grp Clinic 4:45pm-5:05pm Dance/Skills 5:05pm-5:15pm Grp Stroking 5:30pm-6:15pm Grp Dryland
Thu Flood: 5:00pm-5:15pm	4:45pm-5:05pm Grp Dryland 5:15pm-6:15pm Grp Clinic	4:45pm-5:05pm Grp Dryland 5:15pm-5:35pm Grp Clinic 5:35pm-6:15pm Freeskate 6:15pm-6:30pm Dance/Skills	3:30pm-3:40pm Grp On-Ice WU 3:40pm-4:25pm Freeskate 4:25pm-4:40pm Grp Clinic 4:40pm-5:00pm Dance/Skills	3:30pm-3:40pm Grp On-Ice WU 3:40pm-4:25pm Freeskate 4:25pm-4:40pm Grp Clinic 4:40pm-5:00pm Dance/Skills
Fri (A) Flood: none	No session	6:15am-6:35am Grp Dryland 6:45am-8:00am Freeskate	6:15am-6:35am Grp Dryland 6:45am-8:00am Freeskate	6:15am-6:35am Grp Dryland 6:45am-8:00am Freeskate
Fri (B) Flood: none	No session	No session	3:30pm-3:45pm Grp On-Ice WU 3:45pm-5:00pm FreeSkate 5:15pm-6:00pm Grp Dryland	3:30pm-3:45pm Grp On-Ice WU 3:45pm-5:00pm FreeSkate 5:15pm-6:00pm Grp Dryland
Sat Flood: none	9:15am-9:35am Grp Dryland 9:45am-10:45am Grp Clinic	9:35am-10:05am Grp Dryland 10:15am-10:35am Grp Clinic 10:35am-11:15am Freeskate 11:15am-11:30am Dance/Skills	10:20am-11:05am Grp Dryland 11:15am-11:35am Dance/Skills 11:35am-12:20pm Freeskate 12:20pm-12:45pm Grp Edge Class	10:20am-11:05am Grp Dryland 11:15am-11:35am Dance/Skills 11:35am-12:20pm Freeskate 12:20pm-12:45pm Grp Edge Class